

This newspaper will help you find the services you need at Hopelink.

hopelink
Helping people. Changing lives.
www.hope-link.org

Pathways to Success

Spring 2013 Vol. 6, No. 2

The quarterly newsletter of Hopelink's services

Don't Let Your GED Test Scores Expire!

More on page 5



Never give up on life because of today, there will always be a better tomorrow.

—Kaylien Tripp

SPOTLIGHT ON

Kirkland/Northshore Center Evolves Over Time

See page 4 for more information.

Hopelink Medicaid Transportation launches MyRideOnline

See page 4 for more information.

Hopelink Help

Hopelink can help you in many different ways. If we don't have what you need, we can tell you whom to call.

WHERE TO LOOK FOR HELP

Hopelink is here to help you. We have five centers where we offer emergency help and support to people who need it.

Not sure where to call? To find out more about Hopelink services, please call the center closest to where you live. All Hopelink centers are open Monday through Friday from 8:30 AM to 5:00 PM, except Sno-Valley which is closed on Fridays.

HOPELINK CENTERS

Redmond

425-882-0241
16725 Cleveland Street
Redmond, WA 98052

Bellevue

425-943-7555
14812 Main Street
Bellevue, WA 98007

Kirkland/Northshore

425-889-7880
11011 120th Ave NE
Kirkland, WA 98033

Shoreline

206-440-7300
15809 Westminster Way N
Shoreline, WA 98133

Sno-Valley

425-333-4163
31957 E Commercial Street
Carnation, WA 98014

*See page 8 for bus
route information
to all centers.*

Family Development

The Hopelink Family Development Program is a free voluntary case management program that helps families move toward self sufficiency. A Family Development Specialist is available to develop a long-term partnership with your family to help you achieve success. We will help your family set short and long-term goals toward improving your finances, employment, housing, education and family relationships. If you live in north or east King County, are low income, and have at least one child under the age of 18 living with you, the Family Development Program can help your family find important resources within your community that will help you make lasting change.

To learn more about the Family Development Program, please call the Intake Screening Line at 425-298-0006.

Legal Help

The Eastside Legal Clinic can give you advice on civil legal problems. The clinic has volunteer attorneys (lawyers) who will meet with you for 30 minutes for free. The free clinic is at the Hopelink center in Bellevue on Wednesdays from 7:00 PM to 9:00 PM. You must make an appointment to talk to an attorney.

Please call 206-267-7070 Monday through Thursday between 9:00 AM and 12:00 Noon to make an appointment.

Eastside Legal Assistance Program (ELAP) also helps people who live on the Eastside with legal problems. ELAP has different clinics for different kinds of legal problems. There is an immigration clinic; a family law and domestic violence clinic; and clinics for people who speak Spanish or Russian. The immigration clinic is at the Hopelink center in Bellevue twice each month. A general and family law clinic is at the Kirkland/Northshore center twice each month. You must make an appointment to go to a clinic.

Please call 425-747-7274 to make an appointment for any of the ELAP legal clinics. This line is available in English, Spanish and Russian.

Food Bank

Hopelink has five food banks for low-income people. These food banks are located in Bellevue, Carnation, Kirkland, Redmond, and Shoreline. Food banks are designed for clients to attend twice per month. Clients receive items from the program's established core menu during each visit. Between the two food bank visits, clients receive vegetables, fruit, soup, tomato products, pasta, peanut butter, rice, cereal, beans, tuna and other meats, and canned meals (such as chili). Bread is also commonly provided and we also offer other foods as they are available. In addition, Hopelink is sometimes able to offer paper products, soap, toothpaste, baby diapers, and other non-food items. See the back page for days and times when the food banks are open. Hopelink also has volunteers who are able to make home deliveries of food to individuals who are homebound.

Please call the Hopelink center nearest to where you live for more information or to make an appointment to sign up for food bank.

Housing

Hopelink can help your family find or stay in safe housing that you can afford. Hopelink offers help in many ways.

Eviction Prevention

Hopelink can help with part of your monthly rent if you are facing eviction. Hopelink can help families as well as individuals. You must have an "Eviction" or "Pay-or-Vacate" notice and live in north or east King County to get help.

Please call the Hopelink center nearest to where you live for more information.

First Month's Rent

Hopelink can help with a part of the first month's rent if you are moving to a new home. You must have a "Move-In" agreement and the new home must be in north or east King County to get help.

Please call the Hopelink center nearest to where you live for more information.

Emergency Family Shelter

If your family is homeless and does not have a place to live, Hopelink may be able to help you. Hopelink's shelters provide short-term housing while you look for more stable housing. A case manager will assist your family to find housing as well as other kinds of support that your family may need. Limited assistance is available for short-term motel vouchers for north and east King County households as determined appropriate by staff.

Please call 2-1-1 to find out more about Hopelink's emergency shelters.

Transitional Housing

With locations in Bellevue, Bothell, Duvall and Redmond, Hopelink's Transitional Housing Program helps families that need more support to get a safe, affordable place to live. Families can live in transitional housing for up to two years. During that time, families work with their case manager to help determine and reach goals that will improve their quality of life. Case managers help families in many ways. This help can include improving their credit, managing their money, writing a résumé, finding a job, learning more parenting skills, and finding safe, affordable permanent housing. In its 20-year history, Hopelink's Transitional Housing Program has helped nearly all of its families reach their housing goals.

Please call 2-1-1 for more information about the Transitional Housing Program.

Transportation

Medicaid Transportation

Do you receive Medicaid assistance? If you do, Hopelink may be able to help you get rides to and from your medical appointments.

To schedule an appointment, please call:

In King County: 1-800-923-7433

In Snohomish County: 1-855-766-7433

DART (Dial-a-Ride Transit)

King County Metro has hired Hopelink to operate DART (Dial-a-Ride Transit). DART buses have a set schedule like regular Metro Transit buses. In some areas of King County, the routes are flexible. This means they can pick up people who might not live near a regular Metro stop.

To make an appointment for a Metro DART ride, please call 1-866-261-3278.

For more information on Hopelink's transportation services, please call 425-943-6789. TDD/TTY line: 1-800-246-1646 or go to www.hope-link.org/programs/dart.html to book a DART reservation online.

Getting Around Puget Sound

Do you need to get around Puget Sound? Not sure how to do it? Want to learn more about the ORCA card and riding the bus? Meet with Hopelink volunteers to learn about your transportation options, including taxis, volunteer drivers, ride sharing, and community transportation. **This is a free service.**

Come see us for help with your transportation questions at the following locations:

North Bellevue Community Center

4063 148th Avenue NE, Bellevue
2nd Monday of the month, 11:00 AM – 1:00 PM

Hopelink Kirkland/Northshore Food Bank

11011 120th Avenue NE, Kirkland
3rd Monday of the month, 10:00 AM – 12:00 PM

Peter Kirk Community Center

352 Kirkland Avenue, Kirkland
1st Wednesday of the month, 9:00 AM – 11:00 AM

Redmond Senior Center

8703 160th Avenue NE, Redmond
4th Wednesday of the month, 11:30 AM – 1:30 PM

Crossroads Mall, outside Bellevue Mini-City Hall

15600 NE 8th Street, Bellevue
2nd Thursday of the month, 4:00 PM – 6:00 PM

Hopelink Shoreline Food Bank

15809 Westminster Way North, Shoreline
3rd Tuesday of the month, 10:00 AM – 12:00 PM

Travel Options

Contact the following providers for more information about their services. Links to websites are available at:

www.hope-link.org/get_help/transportation

Senior Services Hyde Shuttle

206-727-6262 or 1-877-415-3632 (toll-free)

Metro Transit

www.metro.kingcounty.gov

Access Transportation: 206-263-3113 / TTY 711

Rideshare Operations: 888-814-1300 / TTY 800-833-6388
rideshare@rideshareonline.com

Taxi Scrip Program: 206-553-3060 / TTY 206-684-2029

Travel Options continued

Regional Reduced Fare Permit: 206-553-3000
customer.comments@kingcounty.gov

Northshore Senior Center Transportation: 425-286-1026

Senior Services Volunteer Transportation:

206-448-5740 or 800-282-5815 (toll-free)

Snoqualmie Valley Transportation

425-888-7001 or 425-333-5554

<http://mtsi-seniorcenter.org/svt.html>

Sound Transit: www.soundtransit.org

Call 888-889-6368 / TTY 711

Catholic Community Services of Western Washington

Volunteer Chore Services: 206-328-5787

or 1-888-649-6850 (toll free)

Energy Assistance Programs

Hopelink has two programs that may help with your energy bills this year: the Low Income Home Energy Assistance program (LIHEAP) and PSE HELP. LIHEAP is a federally funded grant program that can help pay for the following types of primary heat sources: oil, gas, electricity, kerosene, propane or wood. The season for LIHEAP begins in November, or as funds become available. The PSE HELP grant program is available to Puget Sound Energy electric and/or gas customers only. The program assists with home energy costs. The season for PSE HELP begins in October, based on available funding.

To schedule an appointment for energy assistance, please call the **Energy Assistance Appointment and Information Line at 1-800-348-7144**. The best time to call to schedule an appointment is at 9 AM on Monday through Thursday. Live operators are available from 9-11am, Monday through Thursday. You do not need to have an overdue bill or be out of fuel or wood to schedule an appointment.

RotaCare Free Health Clinic

RotaCare Free Health Clinic offers free basic medical care and medicines to men, women and children. (RotaCare does not offer preventative care, school immunizations or physicals of any kind.) You may come to the clinic if you do not have medical insurance and do not have the money to pay the full cost of a regular doctor's visit. You do not need an appointment for RotaCare Clinic.

The clinic is held at the Hopelink center in Bellevue on Saturdays from 9:30 AM to 11:30 AM.

“Hopelink
classes are a
special place.”

SPOTLIGHT ON

Kirkland/Northshore Center Evolves Over Time

British steel tycoon Peter Kirk's dream of turning the east side of Lake Washington into a steel business never came true, but the area did have a lot of industry for many years. The state's first wool mill began in Kirkland in 1892, making wool products for men on their way to the Alaska Gold Rush.

In 1940, Kirkland's Lake Washington Shipyard started building warships for the U.S. Navy; more than 25 warships were built during World War II on what is now Carillon Point. Today, Kirkland is home to more than 80,000 people and is the birthplace of a number of national businesses, including Costco.

In 1971, the agency that would later become Hopelink began as a jobs bank at Bothell City Hall. During the early years, the center moved several times, but in 1979, a permanent location (the Northshore Multi-Service Center) was built in Bothell. In 1981, neighbors opened the first satellite office in Kirkland. The Kirkland Center was later moved to the Bridal Trails area, and in 2009, the Kirkland and Northshore Centers were combined—along with the Bellevue Literacy Learning Center—to offer a one-stop-shop where people in the area could access all of Hopelink's services.



The Kirkland/Northshore Center is the only one of Hopelink's five food banks that is set up like a grocery store, rather than a traditional food bank. The layout makes it possible for people to select canned goods, baked goods, produce, meat and dairy items from cases and shelves—giving them time to read labels and choose the foods their families like best. The Kirkland/Northshore food bank also offers more flexibility for Hopelink clients as they are able to plan food bank visits around work schedules and other commitments. The food bank is open 25 hours per week, Monday through Thursday.

The Center is home to many of Hopelink's Asset Building Services. It's the main base for Employment Services, ESL, ABE, GED, Computer Classes and Financial Literacy and staff are there to help you. Although these programs are based at K/NS Center, job developers, adult education coordinators and financial literacy staff offer services at many sites throughout Hopelink's service area and also at partner sites in the community. Also, a Family Development case manager is stationed at Kirkland. Clients also are able to meet with representatives from Eastside Legal Assistance Program, and during tax season, can schedule appointments for help filing their taxes.

The Kirkland Center also has a literacy library and learning center—the John P. and Julia F. Shaw Library and Learning Center—that includes books and other materials for many different adult reading levels.

End Summer Hunger

At each of its five food banks, Hopelink operates the End Summer Hunger (ESH) Program during the summer months. If you qualify for food bank and have school-aged children (grades 1-12), you automatically qualify for the ESH Program!

The program provides healthy breakfast and lunch-type foods for children who are out of school over the summer and unable to receive regular meals at school. The extra food also helps parents handle the added cost of feeding one's family during the summer.

ESH foods are available during regular food bank hours; it is important to note they are located in a different section of the food bank. Hopelink food banks offer the following ESH foods when possible: a variety of fruit juices, peanut butter, fresh fruits, cereal, ramen and snacks. Sometimes milk and other types of fresh food are offered to ESH families during food bank hours also. Food bank volunteers are in charge of distributing this food to eligible families.

Hopelink Medicaid Transportation launches MyRideOnline!

Looking for another way to check on a Medicaid trip? Hopelink's Medicaid Transportation Service has started "MyRideOnline." The new web service lets you cancel a trip, check on the status of a trip, and offer feedback about a past trip—all without waiting on the phone.

To reach MyRideOnline, visit:

www.hope-link.org/myrideonline.

You can continue to book trips on the phone by calling one of the toll-free numbers listed on page 8.

Looking Ahead: School Supplies for the 2013-14 School Year

Hopelink's School Supply Program provides low-income families with some of the necessary supplies to start a new school year. Families must be eligible for their school's Free and Reduced Price Lunch Program and must live in the Hopelink service area within these school districts: Lake Washington, Riverview, Skykomish, Snoqualmie Valley, and Sultan. Supplies are available to students in grades K–12.

If your children attend school in the Bellevue, Issaquah, Mercer Island, Northshore, or Shoreline School Districts, please contact their school directly for help, as they have their own programs.

Families must register in advance, and can receive school supplies from only one program, so if you are already registered to receive school supplies with another program, you cannot register for this one. The Hopelink School Supplies Program is funded entirely by donations and therefore inventory may be limited.

Registration begins May 1 and will close August 6. Visit the Hopelink website at www.hope-link.org for more information, or ask at your center.

Don't let your GED test scores expire!

The GED test is changing completely at the end of 2013. The current version will expire and a new version of the GED test will be launched in 2014. This will affect those who have completed some—but not all—of the current tests.

The General Educational Development test is for anyone who has not finished high school. The current GED consists of five tests—reading, writing, social studies, science and math. Passing the GED test is a key to opening doors to college, getting a better job, and knowing your own capabilities.



If you have started but not finished your GED, perhaps it's been a few years since you have taken one of the tests. Your scores are still valid until the end of this year. Perhaps you have passed all of the tests except math or writing. Or perhaps some of your passing scores were low, and you have one hard test left. You may want to retake one test for a higher score and then complete the test you have not yet taken to make sure you have a high enough cumulative score on all of the sections that are needed in order to earn your GED.

Whatever your situation, if you have already passed some of the GED tests, it's a good idea for you to finish all five tests and earn your GED Certificate before December 2013. Otherwise, you will have to start over with the new 2014 GED test.

Hopelink's GED Program can help you complete your current tests.

If you started your tests under the current Series 2002, you MUST pass all 5 parts of the GED Test by December 31, 2013, or you must... **START ALL OVER in 2014!**

Hopelink also can help you prepare for the new 2014 GED test. The new 2014 GED consists of four tests covering four content areas—language arts, math, science and social studies. Writing is incorporated into all four areas. The 2014 test will be given only on computer.

One goal of the new test is to measure a "foundational core of knowledge and skills that are essential for career and college readiness." The new GED test will raise the bar for what students need to know. For example:

- While the old exam tested students mostly on memory recall and the use of information, the new one will check a test taker's understanding of subject areas and how well they can apply that understanding to real-world situations.
- The test taker will be expected to analyze literature and form an argument for essay questions in order to pass the social studies and language arts tests.
- Many of the problem-solving questions in math and science will be modeled after real-world experiences in the workplace.

So, think carefully about getting a GED, and about which test you would like to take. A GED is a great stepping stone into college or work, and Hopelink is here to help you with whichever path you choose. See page 6 for more information, visit www.GEDtesting-service.com, or contact GED Coordinator Kathy Nolan at 425-457-9685 or knolan@hope-link.org.

Need Transportation? Learn How to "Ride Around Puget Sound"



Sometimes just getting on the bus is stressful for a new rider. How much does it cost? Can I get a transfer? What if I miss my stop? What if I get lost when I get off the bus? What is the difference between Metro, RapidRide and light rail? Hopelink can help!

Hopelink's Ride Around the Sound program provides educational excursions as a fun way for people who live in King County to learn more about bus, light rail and train travel. Since March 2012, 180 people have taken 19 trips to such locations as Seattle Public Health, Woodland Park Zoo and the Museum of Flight, as well as grocery shopping in Renton. The program is free, thanks to the generous donation of transit fares by King County Metro and Sound Transit.

Participants receive an ORCA card with transit fare—enough for the Ride Around the Sound trip and a few additional trips. Riders are trained on how to use and load their new ORCA card, which can be a very confusing process for first-time users! If needed, interpreters are provided as well. In addition to serving veterans and low-income people, the program has led trips with immigrants and refugees from Russia, Somalia, Ethiopia, Republic of the Congo, Afghanistan, Iran, Iraq, Vietnam, China, Cambodia, Nepal, and Myanmar (formerly known as Burma).

Program staff also provide information about Medicaid transportation, reduced and free transportation options, and helpful tips for people who are new to King County—such as how to find a public restroom in downtown Seattle, or how to get to Pike Place Market! Want to learn more or volunteer to help on a Ride Around the Sound trip? Email the program at: mobility@hope-link.org.

Hopelink Classes for Adults

Hopelink helps adults learn skills that will improve their lives in many ways. We can help adults learn English, basic reading, writing and math; and skills like money management, how to buy a house and how to use a computer.

GED

Come join our growing list of GED graduates and earn your high school equivalency credential. Millions of people like you have taken the GED tests to get a better job, continue their education, or fulfill their personal aspirations.

Classes are relaxed and customized to help you work on the skills you need to learn to pass the tests. Students may attend class at ANY of the locations that their schedule will allow. To attend class you must FIRST attend GED Class Orientation.

GED Class Extension Labs provide additional opportunities for our current students to attend more time each week.



To sign up call Kathy Nolan: 425-457-9685 or scan this QR for more information.

GED Classes

April-June Schedule

Redmond

12:30 PM - 2:30 PM Monday & Wednesday

Kirkland

10:00 AM - 12:00 PM Tuesday & Friday

Bellevue

5:30 PM - 7:30 PM Monday & Wednesday

Carnation

10:00 AM - 12:00 PM Thursday

Duvall

2:30 PM - 4:30 PM Thursday

GED Class Extension Lab

April-June Schedule

Labs are ONLY for students currently attending one or more classes

Redmond

12:30 PM - 2:30 PM Tuesday & Thursday

Bellevue

5:30 PM - 7:30 PM Wednesday

Carnation

10:00 AM - 12:00 PM Monday

BRIDGE TO BASICS FREE HELP

Bridge to Basics helps connect Hopelink clients to other services. The program is a collaboration between WithinReach – an agency that helps families become healthy and stay healthy – and United Way of King County.

See if you qualify for: food assistance - basic food/food stamps, utility assistance, free or low cost children's health insurance, help finding childcare for working parents, job training resources, Bank on Seattle - free and low cost bank accounts, or free check cashing.

Volunteers are available to help during food bank hours at all five centers. Schedules vary site-to-site; ask at your local Hopelink center to get more information (see the back page for contact information).

ADULT BASIC EDUCATION

One-on-One Tutoring

Have you always wanted to be able to read or write better? Maybe you want to take a class or want to advance in your job but felt you just didn't have the reading, writing or math skills that you needed? This is the program for you. Confidential one-on-one tutoring by trained volunteers is offered to adults to help you reach your goals in reading, writing or mathematics. Volunteer tutors and learners meet twice a week for an hour and a half in a public location like a library or Hopelink office. The timing is flexible and there is no charge, but you must have your own child care and transportation.

Contact Lisa Yeager at 425-533-8963 or lyeager@hope-link.org to find out about getting a tutor or becoming a tutor.

MONEY SMART CLASSES

Financial education fosters financial stability for individuals, families and entire communities. The more people know about credit and banking services, the more likely they are to improve their financial health and well being. Money Smart helps individuals build knowledge, develop confidence, and use banking services effectively. Classes use lecture, small group discussion, and interactive exercises. Classes cover budgeting, goal setting, banking, credit, and consumer protection.

For class schedules contact Judy Faast at 425-250-3001 or email jfaast@hope-link.org. Certificate of completion is given to those participants who attend all five sessions.

EXPRESS CREDIT UNION

Express Credit Union is an option for people who do not currently have a bank account, or who would like to switch to a bank that fits their needs better. Representatives have office hours at three Hopelink sites to answer your questions and see if you qualify for any of Express Credit's products and services.

Hopelink Shoreline

Wednesday 10:00 AM - 4:00 PM

Hopelink Kirkland

Friday 10:00 AM - 4:00 PM

Hopelink Bellevue

Thursday 11:00 AM - 5:00 PM

Rachel Warren (English, Spanish, Swahili)

Please call 206-734-5008 before you come.

"I used to be afraid of math and avoided it. But now I say, 'come my friend,' because it is good for my life."

Adult Education and Employment

ENGLISH FOR WORK

For adults who speak, read, and write some English (ESL level 4 and above) and who want to get a job. Students learn how to speak about their skills and experience, write a resume and a cover letter, prepare for a job interview, understand U.S. work culture, and look for a job. Daytime classes are held quarterly two times a week. **For current schedules visit our website: <http://adulthoodeducation.hope-link.org> or contact Kelli Graham at 425-250-3005 or kgraham@hope-link.org.**

Class Schedule

Bellevue (Winter: January – March)

9:30 AM - 11:30 AM Tuesday & Thursday

Bellevue (Spring: April – June)

9:30 AM - 11:30 AM Tuesday & Thursday

Kirkland (Winter: January – March)

9:30 AM - 11:30 AM Monday & Thursday

Kirkland (Spring: April – June)

9:30 AM - 11:30 AM Monday & Thursday

ENGLISH AS A SECOND LANGUAGE - ESL

Do you want to learn English to prepare for college or for work, or to help you in daily life in the United States? Come study with adults from many countries in Hopelink's ESL classes! Hopelink offers three free English classes for adult immigrants, refugees and citizens who live in north and east King County.

Three steps to join a Hopelink English class:

1. Find a class time and location that fit your schedule.
2. Attend ESL Student Orientation to find your ESL level.
3. Call Marci at 425-250-3007 - or have someone call for you - to check your eligibility and register. Students who make an appointment will be given priority. (Students can come to the Orientation without an appointment if the Orientation is not full.)

To learn more about Hopelink ESL, come to an ESL Information Session:

Hopelink

14812 Main Street, Bellevue, WA 98007

Tuesday June 18 6:30 PM – 8:00 PM

For more information go to

<http://adulthoodeducation.hope-link.org/students>

Beginner Basic English (ESL 1-2-3)

Listening, speaking, reading & writing for adult students who speak no English, or very little English. Students learn English to communicate in daily life, prepare for work, and take the first steps toward college classes and training.

Class Schedule*

Bellevue (April – mid-June)

6:30 PM - 8:30 PM Monday, Tuesday & Thursday

Shoreline (March – mid-June)

6:30 PM - 8:30 PM Monday, Tuesday & Thursday

ESL Continued

Oral English Intermediate English

Listening & speaking for adult students who speak some English (ESL level 4 and above). Students learn how to listen and speak in a team environment, exchange information and opinions, communicate with supervisors and coworkers, and speak so others can understand what you say—at work, at school and in the community.

Class Schedule*

Bellevue (End of February – June)

6:30 PM - 8:30 PM Tuesday & Thursday

Shoreline (March – June)

6:30 PM - 8:30 PM Monday & Thursday

Redmond (March – June)

6:30 PM - 8:30 PM Monday & Wednesday

*Please check Hopelink's Adult Education website for updated information on ESL classes and schedules: <http://adulthoodeducation.hope-link.org/students/esl>

“Hopelink always help me!
In Hopelink I am learning
to speak English. Thank
Hopelink!”

EMPLOYMENT SERVICES

Hopelink offers employment services to clients who are unemployed or underemployed and want to work. Clients acquire skills, knowledge and resources to obtain their next job and plan longer term career goals.

Services Offered:

Career and Education Research
Career Assessment and Planning
Coaching on:

- Resumes and Cover Letters
- Interviews
- Communication and Interpersonal Skills
- Job Search Methods

Job Retention Support

Our team of Job Developers work with clients one-to-one and in small groups to equip them to manage their job search and careers. We can help.

For more information contact:

Employment Services

Email: hep@hope-link.org

Phone: 425-250-3001

<http://tinyurl.com/beu2gwa>

Check out this true story about a Hopelink Employment client in *The Seattle Times*: <http://tinyurl.com/beu2gwa>

HOPELINK FOOD BANKS

FOOD BANK DIRECTORY

Bellevue Center

425-943-7555
14812 Main Street
Bellevue, WA 98007
Metro Route 245

Kirkland/Northshore Center

425-889-7880
11011 120th Ave NE
Kirkland, WA 98033
Metro Route 236 and DART Route 935

Redmond Center

425-882-0241
16725 Cleveland Street
Redmond, WA 98052
Metro Routes 224, 232 and 248
Sound Transit Route 545

Shoreline Center

206-440-7300
15809 Westminster Way N
Shoreline, WA 98133
Metro Routes 358 and 330

Sno-Valley Center

425-333-4163
31957 E Commercial Street
Carnation, WA 98014
Metro Route 224 or use Snoqualmie
Valley Transportation

REGULAR FOOD BANK HOURS

■ Bellevue Center

Regular Food Bank	1st and 3rd Tuesdays	10:30 AM – 1:00 PM
	1st, 2nd, 3rd, & 4th Wednesdays	10:30 AM – 1:00 PM
Evening Food Bank	1st, 2nd, 3rd, & 4th Thursdays	10:30 AM – 1:00 PM
	2nd and 4th Tuesdays	4:30 PM – 7:00 PM

■ Kirkland/Northshore Center

Mondays and Wednesdays	10:00 AM – 4:00 PM
Tuesdays and Thursdays	Noon – 6:30 PM

■ Redmond Center

Disabled and Seniors	1st and 3rd Thursdays	10:30 AM – Noon
Regular Food Bank	2nd and 4th Thursdays	10:30 AM – Noon
	2nd and 4th Tuesdays	2:30 PM – 4:30 PM
Evening Food Bank	1st and 3rd Wednesdays	5:30 PM – 7:00 PM

■ Shoreline Center

Disabled and Seniors	1st and 3rd Tuesdays	10:30 AM – 12:30 PM
Regular Food Bank	2nd and 4th Wednesdays	10:30 AM – 12:30 PM
Evening Food Bank	2nd and 4th Tuesdays	5:00 PM – 6:45 PM

■ Sno-Valley Center

Regular Food Bank	1st and 3rd Thursdays	Noon – 1:30 PM
Evening Food Bank	2nd and 4th Wednesdays	5:30 PM – 6:45 PM

Note: The above schedules are based on the center's business days. If a holiday falls during the week, it may affect the food bank schedule (i.e. Memorial Day or Fourth of July). Call your local center if you have any questions.

QUICK CONTACT LIST

Hopelink Centers

Bellevue	425-943-7555
Kirkland/Northshore	425-889-7880
Redmond	425-882-0241
Shoreline	206-440-7300
Sno-Valley	425-333-4163

Adult Education Programs

ABE Tutoring	425-533-8963
Computer Classes	425-250-3008
English for Work (ESL)	425-250-3005
ESL Classes (Levels 1-6)	425-250-3007
ESL Sno-Valley	425-250-3008
Financial Literacy	425-250-3001
GED	425-457-9685

Current info at: <http://adulteducation.hope-link.org>

Express Credit Union

Express Credit Union	206-622-1850
Citizenship Loans	206-612-5689
Tax Preparation Campaign (UWKC)	
www.unitedwayofkingcounty.org/taxhelp	

Legal Assistance

Eastside Legal Clinic appointments	206-267-7070
9AM - Noon, Mon - Thurs	
ELAP	425-747-7274

Employment Program

HEP@hope-link.org	425-250-3001
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Family Development

Intake Screening Line	425-298-0006
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Energy Assistance

For an Energy Assistance appointment 800-348-7144
If your energy service is completely disconnected, call the Hopelink center nearest to you.

Housing Financial Assistance Only

Call nearest Center for eviction prevention and first month's rent assistance.

Housing and General Assistance

Hopelink Emergency Shelter	2-1-1
Hopelink Transitional Housing	2-1-1
Toll Free	1-800-621-4636
From a cell phone	206-461-3200

Medical Assistance

RotaCare Clinic	9:30-11:30AM
Saturdays	Bellevue Center

Transportation

Medicaid transportation – King County	800-923-7433
Medicaid transportation – Sno County	855-766-7433
Getting Around Puget Sound	425-943-6760
Metro DART	866-261-3278
DART program information and reservations:	
www.hope-link.org/programs/dart.htm	